# NOCOM AND CAMPUS BIO-MEDICO UNIVERSITY OF ROME

Crafting a healing, effective and positive environment for patients and healthcare workers.



+ Positive psychology & emotional intelligence approaches



+ Healthcare workers resiliency



+ Change management process



+ Happy workers and happy patients



## Positive Health Care Environment



How to craft a caring, safe and satisfactory environment for both patients and healthcare workers, increasing the resiliency skills of healthcare professionals through the positive psychology and the emotional intelligence approaches.

### TIME LINE

APR - MAY 2016

Change, resilience and communication skills

**SEPT 2016** 

NLP Linguistic skills, the body language of emotions with micro expressions focus.

NOV/DIC 2016

Team working and Project Work Discussion and CFU assignment

APR 2016

Opening day with objective explanation

MAY-JUN 2016

Emotional intelligence assessment, happiness and positive training focused on emotions and their impact on behaviors OCT 2016

Mixing thinking and emotions for better decisions. Problem solving and decision making.



### We Work With - Health Care

I'm a doctor, an hospital, an health care professional, a patients' association, a medical scientist.
What can I do?
What can we do together?



"Nocom training approach focused on positive psychology, happiness broadcasting and productive communication helps nurses and physicians to live better in their workplace, live better with their colleagues and increases their emotional intelligence competencies."

Dr. Daniela Tartaglini, Nursing Director at UCBM, Associate Professor, Clinical and Pediatric Nursing Sciences, Campus Bio-Medico University of Rome (UCBM)

#### **IMPACT MAP**



The healthcare environment is highly stressful, not just for patients but also for doctors and nurses. Workplace negativity manifests with poor communication and low productivity, high stress levels, physical, emotional and psychological illnesses. It compromises patients's care and impacts healthcare professionals resilience. Especially in this context happiness is a value, a target and a mindset which can positively affect both the environment and people outcomes

25 Team Leaders (Head Nurse & Physicians)

80 h - DIRECT TRAINING

70 h - DISTANCE TRAINING

20 h - OTHER ACTIVITIES

Nocom is the expert partner of 2BHappy Agency acting as a focal point for the Healthcare field.

It provides workshops, training courses and tools to increase the skills of healthcare professionals, so to make them effective, satisfied and resilient in their challenging and important work of care. Nocom is also the Italian branch of the Center for Body Language and it delivers training and coaching through internationally certified professionals.

Nocom has designed and implemented a 9 months positive change process for Campus Bio-Medico University of Rome, which is an Italian healthcare organization certified by the Joint Commission. It combines experience with medical innovation, latest technology, high skilled healthcare professionals, clinical activity and research, a teaching hospital, humane assistance and efficiency.

